

- To work in consultation and partnership with the parents to ensure that our pupils are prepared for puberty.
- To provide knowledge about the processes of human reproduction and the nature of sexuality and relationships.
- To present these facts in an objective, balanced and sensitive manner within a clear moral framework.
- To develop confidence in talking, listening and thinking about feelings and relationships.
- To help children understand that they have rights and should have control over their bodies.
- To provide understanding and reassurance that physical and emotional changes are normal and acceptable and give help in adjusting to these changes.
- To promote an atmosphere of discretion, maturity, sensitivity and responsibility in discussing issues arising from the programme of study.
- To teach children to be able to correctly name parts of the body and to describe how their bodies work.
- To teach children how to protect themselves and ask for help and support.



Sex and Relationship Education is supported by the school's wider curriculum for Science and PSHE (Personal, Social and Health Education). We also explore relationships through the use of SEAL (Social and Emotional Aspects of Learning)

In this way we ensure that pupils:

- Receive their sex education in the wider context of relationships.
- Are prepared for the opportunities, responsibilities and experiences of adult life
- Learn about the changes that occur in their bodies against a scientific framework of facts about living creatures in general and human beings in particular.

PARENTS WHO WITHDRAW THEIR CHILDREN

Parents have the right to withdraw their children from all or part of the Sex and Relationship Education provided at school except for those parts included in the statutory National Curriculum. In this case we will make alternative arrangements and provide a DfE pack of information for parents who withdraw their children from sex and relationship education.

G O T H A M P R I M A R Y



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A Guide for Parents

Growing and Changing



Sex and Relationships
Education

G O T H A M P R I M A R Y

The Scientific Background To SRE

The teaching of SRE is set against a background of science teaching which has taken place throughout the years prior to year 6. For your information the following statements are taken from the National Curriculum for Science.

KEY STAGE 1

Pupils should be taught;

- that animals including humans, move, feed, grow, use their senses and reproduce,
- to recognise and compare the main external parts of the bodies of humans
- that humans and animals can produce offspring and these grow into adults
- to recognise similarities and differences between themselves and others and treat others with sensitivity

KEY STAGE 2

Pupils should be taught;

- that the life processes common to humans and other animals include nutrition, growth and reproduction
- about the main stages of the human life cycle



Consulting Parents

Parents are key figures in teaching children about sex education and the teaching offered at school is complementary and supportive to their role.

We always work in partnership with Year 6 parents on sex education issues, consulting them annually on the content of our provision for sex education. The facts to be covered are explained and the materials to be used are described. Provision is made for parents to view the materials for themselves should they wish to do so



Why parents are so important.

Parents are the key people in -

- Teaching their children about sex and relationships.
- Maintaining the culture and ethos of the family.
- Helping their children cope with the emotional and physical aspects of growing up.
- Preparing them for the challenges and responsibilities that sexual maturity brings.

We will support Parents in this by....

- Helping their children learn the correct names of the body.
- Talking with their children about feelings and relationships.
- Answering questions about growing up, having babies, feeling attraction, sexuality, sex, contraception, relationships and sexual health.

Modes of Working in SRE at Gotham Primary School

- Teachers and other staff will use a range of strategies to help children develop confidence in talking, listening and thinking about sex and relationships.
- This will include establishing ground rules, making use of discussion and encouraging reflection.
- An anonymous question box system will be set up, a technique already familiar to the children through their participation in the DARE programme.
- Throughout the school children will have developed strategies for developing healthy relationships through the delivery of the SMSC Social Moral Spiritual and Cultural Curriculum.