



Gotham Primary PSHE Progression Planning

Relationships

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Families and friendships Making friends; Taking turns with others.</p> <p>Safe relationships Using our manners with others. Follow instructions and staying safe.</p> <p>Respecting ourselves and others Playing cooperatively.</p>	<p>Families and friendships Rules of different people; families; feeling cared for.</p> <p>Safe relationships Recognising privacy; staying safe: seeking permission.</p> <p>Respecting ourselves and others How behaviour affects others; being polite and respectful.</p>	<p>Families and friendships Making friends; feeling lonely and getting help.</p> <p>Safe relationships Managing secrets; resisting pressure and getting help; recognising hurtful behaviour.</p> <p>Respecting ourselves and others Recognising things in common and differences; play and work cooperatively; sharing opinions.</p>	<p>Families and friendships What makes a family; features of family life.</p> <p>Safe relationships Personal values; safely responding to others; the impact of hurtful behaviour.</p> <p>Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite.</p>	<p>Families and friendships Positive relationships, including online.</p> <p>Safe relationships Responding to hurtful behaviour; managing confidentiality; recognising risks online.</p> <p>Respecting ourselves and others Respective differences and similarities. Discussing differences sensitively.</p>	<p>Families and friendships Making friendships and peer influence.</p> <p>Safe relationships Physical contact and feeling safe.</p> <p>Respecting ourselves and others Responding respectfully to a wide range of people; recognising prejudice and discrimination.</p>	<p>Families and friendships Attraction to others; romantic relationships; civil partnerships and marriage.</p> <p>Safe relationships Recognising and managing pressure; consent in different situations.</p> <p>Respecting ourselves and others Expressing opinions and respecting other points of view, including other topical issues.</p>

Vocabulary

Friends family safe instructions manners together	Friends kindness emotions feelings rules family privacy permission polite respect	Fair rights rules responsibilities respect conflict disagreement help safe risk resolve	Fair rights rules responsibilities respect conflict disagreement help safe risk resolve	Relationships confidentiality respect differences discretion qualities retaliate manage recognise trolling Privacy of information	Friendships influence relationship physical contact consent prejudice discrimination racism	Romantic civil consent Grooming opinions respect issues pressure
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Living in the Wider World

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Belonging to a community What rules are; caring for others' needs; exploring the environment and keeping it tidy.</p> <p>Media literacy and digital resilience Using the internet and digital devices safely.</p> <p>Money and work Strengths and interests; people who help us.</p>	<p>Belonging to a community What rules are; caring for others' needs; looking after the environment.</p> <p>Media literacy and digital resilience Using the internet and digital devices; communicating online.</p> <p>Money and work Strengths and interests; jobs in the community.</p>	<p>Belonging to a community Belonging to a group; roles and responsibilities; being the same and different in the community.</p> <p>Media literacy and digital resilience The internet in everyday life; online content and information.</p> <p>Money and work What money is; Needs and wants; looking after money.</p>	<p>Belonging to a community The value of rules and laws, rights, freedoms and responsibilities.</p> <p>Media literacy and digital resilience How the internet is used and assessing information online.</p> <p>Money and work Different jobs and skill; job stereotypes; setting personal goals.</p>	<p>Belonging to a community What makes a community; shared responsibilities.</p> <p>Media literacy and digital resilience How data is shared and used.</p> <p>Money and work Making decisions about money; using and keeping money safe.</p>	<p>Belonging to a community Protecting the environment; compassion towards others.</p> <p>Media literacy and digital resilience How information online is targeted; different media types, their role and impact.</p> <p>Money and work Identifying job interests and aspirations; what influences career choices; work place stereotypes.</p>	<p>Belonging to a community Valuing diversity; challenging discrimination and stereotypes.</p> <p>Media literacy and digital resilience Evaluating media sources; sharing things online.</p> <p>Money and work Influences and attitudes to money; money and financial risks.</p>
Vocabulary						
Belonging community rules environment resilience digital money	Rules community belonging environment internet digital communicating money online	Responsibilities similarities differences community internet resilience saving value online	Rules laws rights freedoms responsibilities information online goals stereotypes	Choices decisions saving spending shared data privacy information	Protect environment compassion respect media aspirations career choices stereotypes	Diversity value discrimination stereotypes influences attitudes financial

Health and Wellbeing

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Physical health and mental wellbeing They talk about ways to keep healthy and safe. Personal needs including dressing and going to the toilet independently.</p> <p>Growing and changing Knowing that some behaviour is unacceptable and talk about their own and others' behaviour and it consequences.</p> <p>Keeping Safe How rules and age restrictions help us; keeping safe online</p>	<p>Physical health and mental wellbeing Keeping healthy; food and exercise, hygiene routines; sun safety.</p> <p>Growing and changing Recognising what makes them unique and special; feelings; managing when things go wrong.</p> <p>Keeping Safe How rules and age restrictions help us; keeping safe online.</p>	<p>Physical health and mental wellbeing Why sleep is important; medicines and keeping healthy, keeping teeth healthy, managing feelings and asking for help.</p> <p>Growing and changing Growing older; naming body parts; moving class or year.</p> <p>Keeping Safe Safety in different environments; risks and safety at home; emergencies.</p>	<p>Physical health and mental wellbeing Healthy choices and habits; what effects feelings; expressing feelings.</p> <p>Growing and changing Personal strengths and achievements; managing and reframing setbacks.</p> <p>Keeping Safe Risks and hazards; safety in the local environment and unfamiliar places.</p>	<p>Physical health and mental wellbeing Maintaining a balanced lifestyle; oral hygiene and dental care.</p> <p>Growing and changing Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty.</p> <p>Keeping Safe Medicines and household products; drugs common to everyday life.</p>	<p>Physical health and mental wellbeing Healthy sleep habits; sun safety; medicines; vaccinations, immunisations and allergies.</p> <p>Growing and changing Personal identity; recognising individuality and different qualities; mental wellbeing.</p> <p>Keeping Safe Keeping safe in different situations, including responding in emergencies, first aid and FGM.</p>	<p>Physical health and mental wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online.</p> <p>Growing and changing Human reproduction and birth; increasing independence; managing transition.</p> <p>Keeping Safe Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.</p>

Vocabulary

Healthy independent behaviour acceptable/unacceptable consequences actions rules	Physical exercise hygiene sun safety unique rules restrictions	Medicines dental hygiene changing risks safety emergencies sleep	Choices habits risks hazards setback	Maintaining balance lifestyle hygiene medicines household products poison drugs puberty prescription genitalia	Healthy sleep habits medicines FGM undisturbed sleep identity mental wellbeing	Bereavement change loss human reproduction birth independence transition drug law media regulations illegal substances
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+ Different feeling words